

Vaginal Insertion of Misoprostol



Step 1: Wash your hands thoroughly



Step 2: Sit on the toilet (seat down) with your knees apart



Step 3: Place 1 misoprostol tablet between your index finger & thumb.



Step 4: Place tablet in your vagina, as far up as you can without causing discomfort.



Step 5: Repeat Steps 3 & 4 until all 4 tablets are securely inside your vagina. Wear a pad.

